

## Brief glossary and definitions

**Actuarial v Clinical Risk assessment:** actuarial means using agreed statistical formulae to calculate risk. Clinical means using professional practice-wisdom and expertise to assess it, but in a structured way. The two can be combined. Very advanced thinking uses 'chaos theory' too but that's beyond the scope of this aide.

**'Covert surveillance/High engagement'** means lots of direct work with families with repeated 'here to help' message, plus constant 'watching' of family functioning: this improves parenting. Little direct work with occasional but authoritarian 'monitoring' does not work.

**'Closure'** means families keep out the external world, including extended family and professionals.

**Feigned compliance** (or disguised compliance), is where 'closed' families pretend to open up to workers under pressure, which wrongly lowers professionals' concerns.

**'Flight'** is when families move to avoid scrutiny - either literally move address or metaphorically by eg swapping schools or GPs

**Kolb cycle:** look it up. Method for reflecting on one's lived experience as caseworker; can be used to improve learning and practice: a good supervision tool.

**Mind-mindedness:** ability to empathise with child's experience, thoughts and feelings.

**Rule of optimism:** where workers accept the most innocent explanation for neglect or abuse without sufficient questioning or evidence.

**Static v dynamic risk factors:** static means a feature that cannot be changed eg person's age, a troubled childhood, or previous convictions. Dynamic means something that can be changed, including by social work intervention eg homelessness or current psychosis.

## Bibliography

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## Risk Assessment Aide Memoire

With families, use multi-agency 'covert surveillance' plus 'high engagement' for change, not 'overt surveillance plus low engagement' (see glossary of terms).

### Listen to the child

The quality of the relationship between parent and child trumps all other factors. Don't assume 'natural love' for a child by parents. Check the 'meaning' of the child to the parent. Is the child seen as a joy, a person, a thing, a 'carer', a burden, a possession, a reminder of bad things?

Get specific. What specific risk factors/behaviours need to change? Specify what the desired protective factors, or alternative safe behaviours would look like. Aim for these.

- Past behaviour is the best predictor of (un-reformed) future behaviour. Learn the family history. Use independent sources for this, not just self-reporting by the family. Do a geno-gram.
- Don't ignore anonymous referrals.
- Always ask about fathers, boyfriends/girlfriends/partners, and always check backgrounds and assess them.
- Don't use stereotypes (race, gender etc) to wrongly raise risk level. Don't use cultural/class relativism to wrongly minimise it.
- Family's physical environment: is it safe, child-friendly eg food available, clean, no hazards, children's equipment/toys?
- Look for signs of family strength and child's resilience to build on - but avoid the rule of optimism.
- Risks increase at weekends/bank-holidays - plan for this.

- Always review and revise assessments and plans in light of new information or new significant events.
- Be alert to unexpected or increasing parental 'cries for help' - these can indicate imminent risk of harm.
- 'Feigned compliance', 'flight' or 'closure' mean family, especially child, unavailable to staff. Increases risk.
- Risk increases when workers leave or cases transfer.
- Address the likely impact of any harm arising from risks if these are not minimised. A medium risk might still mean a high impact on a child.
- Address the costs and benefits to the child and family of intervention as opposed to no, or less, intervention.

### **Parents' attributes - positive and negative**

- Parents' evident ability to see the world from the child's perspective ("mind-mindedness"): positive if present, worrying if not.
- Parents' evident ability to have consistent positive regard for child - positive if present, worrying if not.
- Parents' own relationship - positive or negative?
- If parents say child deliberately causes bad behaviour/difficulties, or harm then risk increases. Especially if child pre-teen.
- Parent/carers' own developmental history from childhood onwards - positive or negative? Ex-LAC can increase risk.
- Parents' own 'un-met' need - how much does this reduce their ability to prioritise child's needs?
- Patterns - avoid seeing incidents in isolation: do chronology of positive and harmful parenting actions.
- Parents' real engagement, or not, with professionals ie not feigned, not 'flight', not close-down. Needs to be real.

- Parents' acceptance or not that their behaviour needs to change; otherwise, be extra vigilant to risks.
- Parents' usual mood - realistically hopeful, content, sociable, or unrealistic, hopeless, idealised, miserable, anti-social, angry.
- Parental support - what resources or people are available and used 24/7, material and human, professionals and kin?
- Stressors and dis-inhibitors: money, attitude, drugs/alcohol, ill -health, people ('bad influence/draining'), victimised, life-crises.

### **Child's attributes - positive and negative**

- Child's own view/reports of care received.
- Evidence from child's PIES - physical appearance/progress, intellectual progress, emotional state, social life - positive or not.
- Child's age - does this make child safer or not?
- Child's level of need eg high dependency owing to complexity, disability, compromised health can increase risk.
- Child's usual demeanor -content, cheerful, appropriately reserved: or sad, disengaged, inappropriately friendly?
- Child's observed response to parent - does child respond positively, or is s/he demanding, challenging, fearful, watchful?
- Child's evident resilience.
- Frequency of child's contact with a protective, nurturing adult professional or kin - much contact is positive, little is negative.
- Child's evident boundaries - appropriate or not.

### **Think the 'un-thinkable'**

### **Case management and supervision Start with the child, stay with the child**

- Use critical reflection/Kolb cycle to understand what informs practice and decisions on the case.
- Follow procedures.
- Record as per procedure.
- Know the difference between actuarial and clinical risk assessment. Neither is 100% predictive. Know the difference between static and dynamic risk factors. Read some risk management literature.
- When working with abusers, don't be a rescuer (eg 'they're blameless as they suffered as a child too') or a punisher (eg 'we're going to get him'). Both will cloud judgement of risk.
- Ask what to do in a case if unsure, don't plough on through pride, or fear.
- Avoid groupthink. Play Devil's Advocate in a safe way.
- Acknowledge fear of getting it wrong or fear of users (including physical/psychological threats) and manage it.
- Staff can accommodate abusive behaviour/suffer 'Stockholm-syndrome too': watch for this and manage it.
- Be mindful of unexplained, unrealistic changes in workers' (managers') position re risk in a case. Unpick why if evident.
- Always check if personal life events are impacting negatively on a worker's performance or management of risk Be ready for cases resonating with your own or workers' history and manage this.
- Always factor in signs of family strength and resilience.
- Always ask about the child's presentation/views.
- Avoid 'White Coat syndrome' - don't defer to powerful colleagues' judgement of risk if they cannot or will not explain basis for it.